

## Oregon Food Rx Annual Survey Results 2016

Organization**	Foods available <sup>1</sup>	Voucher Amt	Redeem at <sup>2</sup> :	\$ given <sup>3</sup>	Program Length or Max \$ per person	Patient Type <sup>4</sup>	Nutrition/Exercise component	\$ Funds	# of people	\$ amt vouchers redeemed in 2016	measurements tracked <sup>5</sup>
Adelante Mujeres	FVB (fr, dr); E	\$1	FM	\$6 pp/wk;	\$96 max (up to 3 cycles max)	FIS; FI; D; P; W; S; OV; OB; DP; HP; A	Yes/ <b>No</b>	50-100K	100 individ, 19 families	\$9,638	#FV; \$; F; S; St
Gorge Grown Food Network	FV (fr)	\$2	FM; FS; GS	\$30-90 pf/mo	3-15 mos, \$90/family/mo	FIS; <b>P; FI (2017)</b>	Yes / <b>Yes</b>	100-300K	10000	\$70,400	\$
Hemophilia Center at OHSU	FVB (fr, dr, fro)	\$3	FM	\$1/pp/d	2 months	FIS; FI; H; OV; OB; FV	Yes/ <b>No</b>	1-3K	92	\$1,101	BMI; #FV; FV
Marion-Polk Food Share	FV (fr)	CSA box	CSA	free share	10 wks, \$225 value	FIS+ CH; D; OV, FV	Yes/ <b>No</b>	50-100K * Dev	60	*Dev	#FV *Dev
Oregon Food Bank	FVB (fr, dr, fro); E	Dev*	Grocery Trolley	\$15 pf/wk	24 wks	FIS; D	Yes/ <b>No</b>	\$112,000 * Dev	200 (proposed)	*Dev	*Dev
OSU Extension	FV (fr)	\$10	FM; GS	\$10/wk/pp	6 weeks; \$60 max pp	FI	n/a	20-50K	61	?	#FV *Dev
Rogue Valley Food System Network/OSU Extension	Dev*	\$10	FM; GS	\$10 pf/wk	6 wks	FIS; D; P; W; S; OV; OB; HT; L; C	*Dev	Dev*	*Dev	*Dev	n/a
Samaritan Cancer Resource Center & Samaritan Health Services	FV(fr), B (fr,dr); G	\$1	FM	\$15 pp/d; \$20 pd by patient	6 wks	C	Yes/ Yes	\$14,777	33	\$1,815	#FV; \$
Zenger Farm and Village Gardens	FV(fr), B (dr), G	CSA box	CSA	\$345; \$5/wk pd pp w SNAP	Season	FIS/referral	Yes/ <b>No</b>	\$32K	100 families, ~300-400 people	\$42,030 in CSA shares	FV; S

\*Dev= Still in development; \*\* Three Rivers Food Web works with seniors and has a nutrition education component, but is still in development.

1-F,V= Fruits and Veg; B=Beans; E=Edible Starts; G=Grains fr=fresh; dr=dried; fro=frozen

2- FM= Farmers Market; FS= Farm Stand; CSA= Community Supported Ag share; GS= Grocery Store

3- pp=per person; pf= per family; d= day

4- FIS= Food Insecure identified by Food Bank's 2 question Screening tool; FI= as identified by association with federally qualified centers (schools, health, centers.); D= Diabetic; P= Pregnant; W= WIC recipient; S= SNAP recipient; OV= overweight; OB= obese; HT= heart disease; L= lung disease; C= Cancer; H= Hemophilia; DP= depression, HP= high blood pressure, A= acid reflex. CH= Chronic Diet related disease; FV= Needs more fruits & veg; SN= Seniors

5- BMI= Body Mass Index (ht & weight); #FV= # of cups of F&V; \$= \$ amount of produce redeemed; FV= general increase or decrease of FV; F= Family dynamics; S= Social & isolation patterns; St= Stress levels

## Oregon Food Rx Annual Survey Summary 2016- Other questions

Org	volunteer/paid staff	Nutrition/Exercise component ? <sup>5</sup>
Adelante Mujeres	1-10hrs (childcare, cooking workshops, and voucher counting/accounting)/ <b>1/3 FTE- curriculum, monthly workshops, voucher distribution, outreach and support to patients. 1/4 FTE co-teaches monthly workshops, manages grants &amp; budgets, oversees clinic partnerships and donor relations.)</b>	D; G; R; S <sup>5a</sup> / <b>n/a</b>
Gorge Grown Food Network	8hrs per mo(MPH students -evaluation)/.25 FTE plus hrs spent <b>screening &amp; explaining program for patients.</b>	G / <b>G<sup>5b</sup></b>
Hemophilia Center at OHSU	20% of 1 FTE paid staff	education @clinic/ <b>n/a</b>
Marion-Polk Food Share	1 Full time (two VISTAs)(youth farm crew - up to 20 youth working 35 hrs/week)/ <b>Oversight by Farm &amp; Garden &amp; Community Food Projects Managers</b>	D; G <sup>5c</sup> / <b>n/a</b>
Oregon Food Bank	*Dev	G; D; R/ <b>n/a</b>
OSU Extension	none/1-10 hr per wk	n/a <sup>5d</sup> / <b>n/a</b>
Rogue Valley Food System Network/OSU Extension	none/ <b>in kind</b>	*Dev/*Dev <sup>5e</sup>
Samaritan Cancer Resource Center	11-24 hrs per wk- Local college students/ <b>25-39 hrs per wk 93 lead RD's, 1 at each site. (Plus Fitness Specialists Medical Social Workers, Cancer Resource Center Director, and Coordinators)</b>	D; G; R; S <sup>5f</sup> / <b>I<sup>5g</sup></b>
Ten Rivers Food Web	6 people plus two interns/ <b>n/a</b>	G; I/ <b>n/a</b>
Zenger Farm and Village Gardens	11-24hrs/ <b>many people:in clinics, farms, nut ed, evals</b>	Tastings; recipes; Cooking workshops/ <b>n/a</b>
5: D= Cooking Demo; G=Group Classes; I= Individual (or just 1 family) Classes; R= Class required; S= Series of Classes offered.		
5a= We have 2 cohorts of families, about 9-10 families each. They attend monthly workshops that include group discussion/peer support on a nutrition topic related to health conditions in the group and hands-on cooking class.		
5b= Some enroll in Pasos through One Community Health.		
5c= Plan, Shop, Cook, Save curriculum is being tried in Grand Ronde. Cooking demos will happen at the Youth Farm site in Salem (and possibly with OSU Extension Food Hero in Grand Ronde).		
5d= Our program is designed to run parallel to community programming. In some cases it is delivered by community health workers when they are meeting with clients already, in other cases it is added as a component to a Walk With Ease class or Diabetes Management workshop. Our veggie rx is not a stand alone program.		
5e=We are working with a YMCA cohort		
5f= All classes are led by Registered Dietitians. Participants can bring family members to the classes. Participants are able to meet with an RD individually, free of charge.		
5g= One week is focused on physical activity and is led by a Fitness Specialist. The information is modified to meet the needs of the oncology population. Survivors can sign up for our Survivor Fit program and receive a free 3-month membership to our gyms.		