

**Veggie Rx MINUTES**  
**March 29<sup>th</sup>, 2017**

Kaely Summers, Adelante Mujeres  
Lexi Stickel, Marion Polk Food Share  
Sarah Sullivan, Gorge Grown,  
Eecole Copen, OHSU  
Rebecca Landis, Corvallis/Albany FM  
Kris Soebroto, Village Gardens

Yesenia Gallardo, HCWH  
Cheryl Kirk, OSU  
Jess Weiland, HDEFA  
Regan Emmons, RVFSN  
Anya Moucha, OCFSN

**MINUTES**

**Team updates**

Sarah Sullivan – Eastern OR CCO awarded Gorge Grown a grant through their community investment grant fund of \$22,000 (\$16,000 for veggie prescription, the rest for staff time to figure out how to get food to Sherman county). EOCCO is having the grants managed by OSU.

Rebecca Landis said they are tacking on some non-Veggie Rx stuff in 4 additional cities. People can go get nutrition education and leave with a box of supplies. It's not prescription based yet, but it could turn into that in the future. Cheryl asked to talk with Rebecca sometime.

Kaely just met with Virginia Garcia and Memorial Health Clinic. Until this point, Adelante Mujeres has been the one pushing funding. Now the clinic talked about another grant. Looking at the Aetna grant.

Lexi noted that Marion Polk Food Share has two CSA prescription programs that they will be piloting this summer.

Kris noted that Lauren has been hired to be project manager for CSA Partnerships for Health. They are currently finalizing which partnerships and which farms will be paired up.

Cheryl noted that they are working on expanding into Josephine County but are having a little bit of trouble with the market manager. Regan is also helping her work on it.

Kaely submitted FMPP grant on Monday to fund collaborative work in Oregon. We should find out in late September. Five partners were included in the application, but anyone else who is interested can participate. May be opportunity for technical assistance, online resources, etc. OCFSN wrote letter of support. The organizations on the grant are: Adelante Mujeres, Gorge Grown, Zenger farm & CSA Partnerships for Health, OHSU, Rogue Valley Food Systems Network, and Jackson Care Connect.

**15 minute presentation**

What do we want to present?

Eecole thinks one group can report out about their program as an example to the other members. Kaely and Eecole will be compiling the results on the survey. Perhaps OFB could talk about some of the politics of Veggie Rx?

Jess thinks people might be interested in hearing about the innovative ways people have found funding for their projects.

*Proposed Outline:*

Introduction [what organizations and regions have programs]

Overview of what is Veggie Rx program (30 sec)

List of organizations that have been involved so far

Example of program in place (Sarah S or Lexi) 3 min each on programs.

Sarah suggests putting together chart or handout about all of the different funding sources (perhaps pull from survey). Eecole said we might already have the answer to this from the survey and were planning on creating a handout anyway. It will include more than funding. Sarah will email additional funding information to Eecole.

Lexi is happy to share about both of the programs they're creating, although she noted that they haven't officially launched yet.

Eecole suggested talking about statistics from 2016: Funding sources, number of participants, and rates of consumption? Sarah said reports on funding and participants are doable, but they don't track rates of consumption. Kris is also able to report.

Eecole is willing to send email to ask about money spent on local agriculture. She's not able to edit/adjust old survey, but she could just send a new one out.

It would be good to report out the number of programs and people served in 2016. Rate/amount of consumption would also be interesting, but most organizations collected this in a different way.

Sarah and Lexi will explain some parts of the funding in their talks, and the rest can be explained by a moderator.

For the future, we can talk about wanting to align some of the data more. What has the impact of Veggie Rx been on the state? How can we find more sustainable funding? And how can we get health care organizations on board?

Eecole thinks we should highlight a few pieces from the handout. Won't be able to get through it all, but perhaps can print some copies to distribute.

Sarah and Lexi will send their slides to Kaely. Eecole will help create other slides.

**Breakout Session**

Eecole is interested in a longer breakout session and asked if other people would like more than 90 minutes.

Sarah thinks the written report on the summary of the surveys will be really helpful for people starting new programs. She feels okay with 90 min, but wonders if there are spinoff topics that are more specific.

Get to know each other, review survey questions from Betty and thinking about what to ask for 2017, see if anyone wants to collaborate on research, went off a number of assumptions last year and found reports to back it up, time for new programs to back up existing questions.

Cheryl thinks that sounds great. She can't make it to the Convening, but would like to hear feedback afterward. She is interested in common metrics and research options.

Regan agrees that 90 min seems short. Two hours or more would be great. Working in rural areas is different than working in urban in expanding this work. She would really like to network and share strategies around this.

Sarah wondering if we can have the first 90 min session planned out. Perhaps a second session later or the next day that is more open? Maybe breakout groups in the second session.

Anya suggested using the "salon space" to hold a second 90 min session.

Kaely likes Sarah's idea. During the first session, we can make a list of other thoughts that come up and bring them up in the second 90 min session.

Regan suggested scheduling a debrief call for the week after the Convening. We can digest information and share with people who were not able to be there.

Yesenia would like to talk more about change in flexible spending. She is interested in maybe making a coordinated effort to connect with that.

If Lynn can't make it, maybe Dr. Bryan Frank with OHSU. Sarah will reach out to him.

Kaely will create list of ideas we've talked about so far. We can put times with these or have a dot survey to help prioritize the things people want to talk about. She will send this out in an email to everyone on the call.

In terms of materials, the group would like to have a flipchart available.

Notes will be sent out prior to the Convening. Anya will set up debrief call for after the Convening.